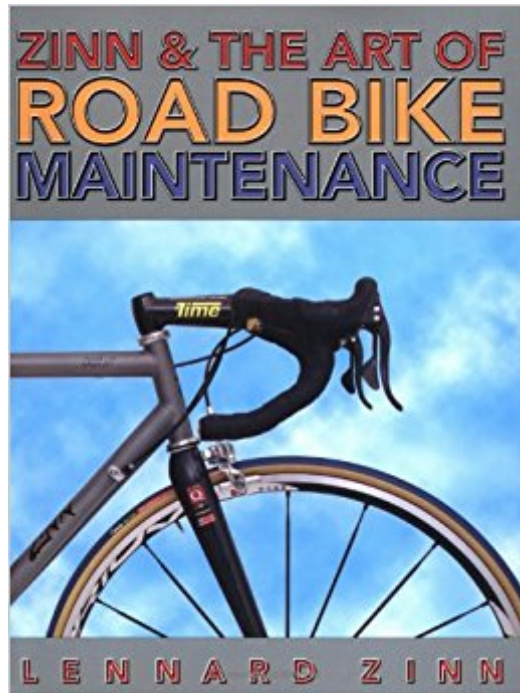




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Zinn & The Art Of Road Bike Maintenance



Synopsis

From shifters to derailleurs, pedals to handlebars, this book covers every component of a road bike. It helps new bike owners tackle simple to advanced projects, listing the tools needed, explaining bike components, and demonstrating with detailed illustrations how to work on each part.

Book Information

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Customer Reviews

Lennard Zinn is a cycling god. Zinn and the Art of Mountain Bike Maintenance is revered as a bible among the fat-tire set; he now extends the gospel to the rest of the cycling faithful in Zinn and the Art of Road Bike Maintenance. From simple, routine maintenance to more complicated tasks, Zinn remains "convinced that anyone with an opposable thumb can perform any repair on a bike." He begins with "Basic Stuff" such as pre-ride inspections and cleaning the drive train, and continues on through the super-advanced task of wheel building--arguing that "the construction of a good set of bicycle wheels is actually a straightforward task." Zinn guides readers step by step through every possible repair on every possible part, handlebar grips to Maric Mektronic electronic shifting, with plain-speaking text and helpful illustrations. There's even a section on emergency repairs, including unexpected advice such as straightening a bent rim by hitting it against the ground: "You may be surprised how straight you can get a wheel this way." This comprehensive manual is essential reading for those who love their bike. "All you have to do is follow the instructions and trust yourself." Indeed. --M. Stein

Today's bicycles are complicated machines that can be expensive to maintain and repair. Zinn (The

Mountain Bike Owner's Manual) has written this book to help both the leisure bike rider and expert mechanic handle almost any problem associated with road bikes. In an effort to appeal to people of varying mechanical abilities, the book separates bicycle repair procedures into three levels, depending on difficulty. Level one is reserved for novices, while levels two and three are for more mechanically savvy bike owners. Each chapter covers a certain bicycle component and includes the tools needed to repair that particular part. Zinn also includes troubleshooting guides at the conclusion of each chapter and, for those interested only in general maintenance, a chapter that covers the basics of keeping a bike road-worthy. Whether someone is experienced at repairing bicycles or is just a weekend rider, this book includes everything to keep bikes rolling.

Recommended for all public libraries. DPatrick Mahoney, Off-Campus Lib. Svcs., Central Michigan Univ., Mount Pleasant Copyright 2000 Reed Business Information, Inc.

I bought this book as a newbie cyclist. It is without a doubt the best I have found. Lennard's simple diagrams are cleverly deceptive. They are not so fancy that they detract from the text (which is the meat of the topic), yet are VERY well labeled and documented. I fixed chain dump for the first time (something nobody had ever been able to do for me). Photos of bikes always are, in my opinion, TOO specific to the bike photographed, and do not easily extrapolate to the one I own. I photocopied the emergency repair section and shrunk it down to carry in my saddle bag at all times. This has come in handy on more than one occasion. My book has more yellow highlighting in it than Pam Anderson's hair! If you need a second book on bike repair, then I recommend you buy an ADDITIONAL copy. The appendices about gearing, bike fitting and torque settings are invaluable. Too much torque and you've got a stripped bolt; too little and you've got stripped skin (from crashing when the bolt falls out on a downhill). While "feel" works for many mechanics, I need numbers, and Lennard supplies them. I also changed my rear cog cassette based on his gearing chart to better fit my riding needs. Lennard has taken what is basically a VERY simple, efficient, and delightful machine and applied the very same principles to this authoritative repair manual. I cannot recommend it enough.

This book has taught me so much and it is really well layed out. I'm still no expert but as I've encountered issues with my bike I just whip out the book and start reading then working. From absolutely no experience fixing bikes I have replaced handlebars, pedals, handlebar tape, changed a tire/flat, altered seat height and stem height and thoroughly cleaned my bike with help from this book.

The key to this book is its attitude which can't be better. This is an all positive upbeat book full of valuable information - assuming you have interest in the topic. I believe that all people can do many fix it tasks if they approach these tasks with a cool, positive mindset. This book parallels my thoughts and if you follow along, you will also find that you can do anything on your bicycle right up to building your own custom starting from a frameset. When reading about this book, I was skeptical about the illustrations in lieu of photographs, but now that I've used the book, I think the author very wise to have taken this approach. A good illustrator can bring out subtle aspects of the topic which would be lost in the clutter of a photograph. The only folks who wouldn't benefit from this book are those who know enough already to write it. I can't recommend it highly enough for the rest of us.

very useful , received as described

I bought this manual to assist in taking apart and reassembling my road bike for painting purposes, as well as for routine maintenance. The only reason I gave it four stars instead of five is that I could not, for the life of me, figure out how to put the brake lines and gear line back on the bicycle, given the instructions/diagrams in this book. I'll have to take my bike to a repair shop to get that part fixed. Other than that, this book has some great info in it for the dedicated road biker.

Zinn's repair manuals are the very best general bike repair books currently published. I often give used ones to friends. If you own a bike shop, you might want Sutherlands. Otherwise, this is the one you need.

Yes I bought this for my husband and he has already used it several times to repair his bikes. We will be buying this same book for our son.

This is an older book (2000) but it works for my older bike. The writing style and illustrations reminded me of the "Whole Earth" catalogs of the 80s. Contains some clever fixes for problems on the road.

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